

PALOLO

A-PLUS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KAIMUKI-WAIALAE YMCA

4835 Kilauea Ave, Honolulu, HI 96816

October 2017

www.kaimukiymca.org

(808) 737-5544

THEME OF THE MONTH: WINTER IS COMING



SITE DIRECTOR MESSAGE

ALOHA PARENTS!

Boy, are the months moving along quickly. We are already in October and next thing you know we will be wishing each other a 'Happy New Year'. This past month we made a bullet journal and tracked our breakfast intake. The children also did some journaling. And we will continue to do so in October.

October is 'Physical Fitness Month' and we will be doing quite a bit of those types of activities. FnF is in progress and we will be having them on Fridays (please check the calendar). Provided is also a weekly time schedule. On certain days your child might want to leave later. We would love for your child to participate in all the special activities.

- The Theme for this month is: Winter Is Coming
- The Special Topic for this month is: I LOVE TO MOVE IT...MOVE IT!
- Every 1st Monday of the month Payment for that month will be due. The price this year is \$110/month. We also have an Automatic Transaction option if you are interested. Please see the Site Director.
- When picking up your child please have your ID shown. This is both School and YMCA policy. The policy can be found in your Parent Handbook.

Please do not hesitate to ask any questions, if you have a concern, comment, or suggestion.

Ms. Tania Brown, Site Director

YOUR STAFF

Site Directors

Ms. Tania Brown

Leaders and Aides

Ms. Kristen Glenn

Program Director

Jay Nishimura, 737-5544

PROGRAM HOURS

M, T, R, F: 2p-5:30p

W: 1p-5:30pm

Please notify Site Director by 8am if your child will be absent at 737-5544.

QUESTIONS, COMMENTS, IDEAS?

Contact the Site Director at 445-0936

For more information on youth development programs, go to www.kaimukiymca.org or Call (808) 737-5544.

SOCIAL MEDIA



KaimukiYMCA



@kaimukiymca



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Kaimuki YMCA

FAMILY CORNER

Community Huki Workday at Maunalua Bay

Kuli'ou'ou Beach Park

Oct 7, 2017 @ 9:00 AM

Join Mālama Maunalua and Pono Pacific for a volunteer workday at Maunalua Bay. Help restore the marine environment by removing invasive algae from the nearshore waters, as part of an effort to continue the work of the Great Huki. From 2009 to 2011, a team of dedicated volunteers and staff removed 3 million pounds of invasive limu from 26 acres. Today, this effort is continued through...

5th Annual Kahumana Farm Festival

Kahumana Farm & Cafe

Oct 7, 2017 @ 11:00 AM

In celebration of 40 years of service in the community, Kahumana Farms is hosting the 5th Annual Kahumana Organic Farm & Cafe Farm Festival, Seed & Plant Exchange + Fundraiser. This is a free community event celebrating culture, food sustainability, locally made crafts, products and cuisine, education, artists, and music.

Howl-o-ween Woof-tacular & Doggie Escape Room

Hawai'i Doggie Bakery

Oct 15, 2017 @ 3:00 PM

Hawai'i Doggie Bakery has teamed up again with Keri Nakahashi Photography to put on the 2nd Annual Howl-o-ween Woof-tacular and the world's first Doggie Escape Room! This dog-friendly event is a fundraiser for the Assistance Dogs of Hawai'i and also includes a Halloween costume contest. All activities are free to participate in with the exception of the Doggie Escape Room,...

Zombie Zumba

Kaimuki YMCA

October 28 @ 6p-8p

Can you do the twist? How about the Time Warp? Maybe the Mummy walk? Or Monster Mash? Come and join us for a night of fun and dancing. Come dressed as a zombie or your favorite costume.



